

ARTS NATIONAL INITIATIVE FOR ARTS HEALTH IN THE MILITARY

www.ArtsAcrossTheMilitary.org



National Network Directory

WASHINGTON, DC 1000 Vermont Ave, NW, 6th Floor Washington, DC 20005 T 202.371.2830 NEW YORK CITY
One East 53rd St, 2nd Floor
New York, NY 10022
T 212.223.2787

www.AmericansForTheArts.org

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^{*}Denotes a national program in a home based in a state

Alabama



Theatre Huntsville

Po Box 654 Huntsville, AL 35804 256.536.0807 http://www.yourseatiswaiting.org/

Programs available:

Theatre Huntsville is dedicated to presenting a diverse and entertaining slate of high quality, volunteer driven, theatrical experiences that educate, stimulate and enrich the entire community. Theatre Huntsville presents 6 shows per year at the Von Braun Center Playhouse.

We offer volunteer opportunities for the whole community, both onstage and off. All active duty military receive discounts on ticket purchases.

Military focus: All branches, all active duty military

Arts & Humanities focus: Drama/theatre

Organization: Non-profit theater

CONTACTS: Leslie Gates, Executive Director <u>lgates@yourseatiswaiting.org</u>

SOCIAL MEDIA: Facebook facebook.com/theatrehuntsville

Twitter @theatre_hsv

Instagram @theatrehuntsville



Arizona



WHAM Art Association

16560 N. Dysart Rd. Surprise, AZ 85378 (623) 584-8311 www.wham-art.org

Programs available: WHAM is a 501(c)(3) non-profit art organization that was founded in 2006 by Connie Whitlock, a clay artist and President of the group. Since then, the organization has grown to more than 175 artists that work in many different mediums. WHAM members work in various materials ranging from paint, clay, glass, concrete, paper, and much more! In addition to helping to promote local artists through exhibits throughout the West Valley (Phoenix metropolitan area), WHAM is also involved in numerous projects such as: public art murals, art festivals, art walks, and community art classes.

WHAM is offering a free one year art program for veterans. The program, "Art: A Path to Healing", features twelve four hour sessions in which participants will learn from professional artists. Classes range from drawing, painting and other mediums. The goal of the program is to assist veterans of all ages to cope, through art and collaboration, with Post Traumatic Stress Disorder and other relevant issues.

Military focus: Military Service Members, Veterans, Artists, Educators, Volunteers, Arts organizations

Arts & Humanities focus: Crafts - clay, ceramics, fiber arts (quilting, weaving, needlework), woodworking, Dance/movement, Multidisciplinary, Music, Visual Arts - drawing, painting, sculpture

Organization: Non-profit arts; local

CONTACTS: Connie Whitlock – President whamart@aol.com

SOCIAL MEDIA: Facebook Wham Art Association





Arizona



Lisa M. Wayman, PhD, RN

Carl T. Hayden Medical Research Foundation 650 E. Indian School Road Phoenix, AZ 85012 (602) 277-5551 lisa.wayman@va.gov

Programs available: I am currently a nursing post doctoral fellow. I am conducting research on creating art as an intervention for chronic pain. This research will be used as the foundation for the development of arts interventions at the Phoenix VA Health Care System.

Military focus: Veterans (Recent combat, since 2001 (OEF, OIF, OND), Gulf War, Vietnam War, Korean War, World War II, and Non-combat Veterans)

Arts & Humanities focus: Arts & Health Research

Organization: Carl T. Hayden VA Medical Center

CONTACTS: Lisa Wayman, PhD, RN lisa.wayman@va.gov



Arizona



Sessions College for Design

350 South Mill Avenue Suite B104 Tempe, AZ 85281 (480) 212-1704 www.sessions.edu

Programs available: Sessions College for Professional Design is pleased to count many active duty military service members, spouses, and veterans as current students and alumni. Our accredited online degree and certificate programs, offered entirely online, provide tremendous flexibility for the demanding scheduling challenges of the military community. Established in 1997, Sessions College for Professional Design is accredited by Distance Education and Training Council (DETC) and by Middle States Commission on Secondary Schools, and licensed by the Arizona State Board for Private Postsecondary Education. Sessions College honors the service of active-duty members of the United States armed forces as well as veterans and their spouses. Sessions College is approved to accept GI Bill education benefits for eligible service members or their dependents who enroll in qualifying Associate Degree and Certificate Programs. Sessions College programs are also approved for military tuition assistance (TA) as a participating institution in the Department of Defense voluntary education Memorandum of Understanding (MOU). With our active service member discount, you can minimize your out-of-pocket costs when you use tuition assistance for your education. Sessions is also a signatory of the Presidents Executive Order #13607 and approved under the Department of Education Title IV FASFA program. Sessions College offers an exciting range of visual arts programs delivered entirely online: Associate degrees in Graphic Design, Web Design, Digital Media, Illustration, and Advertising Design and certificate programs in Graphic Design, Web Design, Multimedia Arts, Illustration and Advertising Design. Scholarships are available to handicapped service members and Veterans.

Military focus: Military Service Members , Veterans , Military Families , Veterans' Families http://www.sessions.edu/admissions/military-students

Arts & Humanities focus: Education and design Organization: University Department

CONTACTS: Louis Schilt – Executive VP & Military Liason lou@sessions.edu

Kim O'Hanlon – kim@sessions.edu

SOCIAL MEDIA: Facebook http://www.sessions.edu/facebook Twitter @sessionscollege

Other http://www.sessions.edu/campus-news/





Art in Action*

3925 Bohannon Drive Suite 300 Menlo Park, CA 94025 (650) 566-8319

http://www.artinaction.org/

Programs available: Art in Action works with schools and other organizations to bring a quality visual-art curriculum to K–8 students throughout the United States. Through this program students learn about the art of the great masters, how to look at art, and how to create their own unique masterpieces. Supported by both training and online resources, the unique spiral curriculum—introducing and reinforcing concepts through the 9 program levels—gives students a solid foundation in drawing, painting, and sculpture techniques. The multifaceted lessons develop students' critical-thinking skills, creativity, visual literacy, and self-esteem, as well as an appreciation of other cultures. Online lessons are available on demand to give teachers and students animated explanations and detailed, easy-to-use directions.

Military focus: Military children and schools

Arts & Humanities focus: Crafts—e.g., clay, ceramics, fiber arts (quilting, weaving, and needlework), woodworking, Design/Architecture, Visual Arts—e.g., drawing, painting, sculpture

Organization: Non-profit arts

CONTACTS: Jonelle Steves – Sales Manager sales@artinaction.org

SOCIAL MEDIA: Facebook www.facebook.com/myartinaction

Twitter @art_in_action

Video: www.youtube.com/user/artinaction1286/video





ROCK FOR VETS

P O Box 90461 Long Beach, California 90755 (866) 597-1116 http://www.therockclub.net/

Programs available: The Rock For Vets Music Education Program has been active since 2010 and commenced at the VA Long Beach, we now rehearse at the Ernest Borgnine Theatre / Long Beach Scottish Rite, since March 2014. Rock For Vets is a non-profit organization dedicated to improving the lives and well being of disabled military veterans in the greater Long Beach area through music instruction and rehabilitation, one on one mentoring and life skill coaching.

Through music instruction Vets from the Vietnam War, Desert Storm, Iraq, and Afghanistan who suffer from Post Traumatic Stress Disorder (PTSD), Spinal Cord and Brain Injury and other emotional and physical traumas find that involvement in the RFV program reduces stress, improves their quality of life and begins the healing process by engaging with other vets and reaping the rewards of the small successes they experience while learning to perform as part of the band.

Objective 1: Veterans will learn how to play music, sing and fully participate in a music therapy program designed to improve their mental health, well being and interpersonal skills as measured by improved relationships with family and friends and an ability to become further engaged in society.

Objective 2: Rock for Vets participants will perform at numerous venues employing not only their newly acquired musical skills but also by employing the ability to remove the barriers that have kept them from fully participating in their daily lives and society.

Objective 3: Through mentoring, musical coaching and group dynamics, as measured by vets being less inclined to engage in destructive life habits, drugs and alcohol and improve self esteem and interpersonal, communication and socialization skills.

Military focus: Veterans from the Vietnam War, Desert Storm, Iraq, and Afghanistan who suffer from Post Traumatic Stress Disorder (PTSD), Spinal Cord and Brain Injury, and other emotional and physical traumas

Arts & Humanities focus: Music Organization: Non-profit arts - regional

CONTACTS: Frank McIlquham – Executive Director frank@therockclub.net

SOCIAL MEDIA: Facebook https://www.facebook.com/RockForVets.Net Twitter @therockclubnet





Resounding Joy, Inc.

11300 Sorrento Valley Rd. Suite 106 San Diego, CA 02121 (858) 457-2200 www.resoundingjoyinc.org

Programs available: Resounding Joy (RJoy) is a non-profit organization based in San Diego, California that uses therapeutic and recreational music programs to improve, social, emotional, physical and spiritual well-being of individuals and communities. RJoy is dedicated to promoting the dignity, self-efficacy, and self-sufficiency of United States service members, veterans, and their families through engagement in music therapy interventions.

Our Semper Sound Military Music Therapy program provides tools to cope with illness, injury, and/or other challenges while: enlisted, processing medical boards, deployed, or transitioning through separation, retirement, and/or relocation. Semper Sound, our largest and fastest-growing program, works with returning service members and veterans diagnosed with traumatic brain injury, post-traumatic stress, military sexual trauma, and other injuries. Music therapy is an evidence-based practice that incorporates skill building through therapeutic intervention, sociobehavoiral reinforcement, engagement, and psychoeducation. The outcomes of the Semper Sound Military Music Therapy published protocol include: decrease in depression, anxiety, and pain perception; increase of self-insight and awareness; improvement of overall mood; enhancement of quality of life; encouragement of appropriate expression and effective communication skills; increased socialization; learning alternative appropriate coping mechanisms; and assistance in community (re)integration.

These programs are implemented through the VA, on military bases, at military treatment facilities, off base at our Recreational Music Center, and incorporate a recreational music component, the Semper Sound Band. Since the inception of the Semper Sound Military Music Therapy program in 2010, RJoy has served more than 5,000 active service members, veterans, and their dependents. Semper Sound now offers military music therapy services in Massachusetts through the RJoy East Coast Satellite.

Military focus: Service Members, Veterans, Dependents, and other Military personnel; Military Youth,

Military Children; Military Families

Arts & Humanities focus: Music

Organization: Non-profit organization arts; regional

CONTACTS: Barbara Reuer – Executive Director breuer@resoundingjoyinc.org

Rebecca Vaudreuil – National Military Liaison and Consultant rvaudreuil@resoundingjoyinc.org

SOCIAL MEDIA: Facebook www.facebook.com/ResoundingJoyInc

Twitter @RJoyInc Other www.musicworxinc.com





Deborah Slater Dance Theater

3288 21st Street #71 San Francisco, CA 94110 (415) 267-7687 http://deborahslater.org/

Programs available: This winter (2014), Deborah Slater Dance Theater will be presenting a new work, PRIVATE LIFE, which explores the experiences of men and women returning home from war. It plumbs the emotional depths of military life -- it's about coming back, about surviving, what 'home' is, and the idea that perhaps where you were is in some ways more real, more alive, more purpose filled than where you are/who you are when you come back. PRIVATE LIFE is neither a Hollywood-style movie about war or a political diatribe. It's a look at intimate, nuanced, complex personal stories stemming from the effects of war that extend into civilian lives. The show is a culmination of our work for the last three years, and we're very excited to finally premiere it. The piece was inspired originally by a dancer who was a soldier throughout his whole career as a dancer. We are offering the performance, and/or excerpts of the full piece, to veterans and veteran organizations, for free. We are also interested in making connections with veterans who are making art to be part of the project in some way if that is of interest to them. The painter Paul Klee said, 'Art does not reproduce the visible, rather it makes visible.' We hope to become more visible to each other. Our wish is that these performances stimulate thought and conversation around complicated issues, both political and personal. After the premiere of PRIVATE LIFE at ODC Theater in San Francisco, December 11-14, 2014, we can provide video and also are available for bookings for veteran organizations.

Military focus: Veteran inspired performance

Arts & Humanities focus: Dance/movement

Organization: Non-profit arts; local, regional, national, international

CONTACTS: Elizabeth Cooper – DSDT Booking Manager info@deborahslater.org

SOCIAL MEDIA: Facebook www.facebook.com/DeborahSlaterDanceTheater

Twitter @dsdt

Instagram @debslaterdance

Video https://vimeo.com/81521035





Sound Health Music

PO BOX 2311 Del Mar, CA 92014 (858) 205-8660 http://soundhealthmusic.com

Programs available: We provide music therapy at local care facilities, skilled nursing communities, and hospitals in the San Diego area.

Military focus: Military service members, veterans, military and veteran families

Arts & Humanities focus: Music; multidisciplinary

Organization: Independent Contractor; local, state, national, international

CONTACTS: Kat Fulton – Director <u>kat@soundhealthmusic.com</u>

SOCIAL MEDIA: Facebook www.facebook.com/katfultonrhythm

Twitter @katfulton Instagram @katfulton

Pinterest: www.pinterest.com/katfultonmusic/





Combat Paper*

PO Box 40477 San Francisco, CA 94140 (802) 316-1124 www.combatpaper.org

Programs available: Combat Paper is an open forum with its foundations in the collaborative art making process. We use traditional hand papermaking to facilitate inter-generational workshops with veterans, family members and the non-veteran community in the transformation of clothing rags into paper, prints, books and art. All of our experiences are encoded within the material items we carry about. With clothing, and military uniforms, our personal geographies, memories and accomplishments are carried in the woven threads. Through the hand papermaking process, the clothing is deconstructed, transformed and altered into paper sheets that accentuate those individual and collective stories. The exchange between veterans and members of the non-veteran community is integral in the workshops that Combat Paper facilitates. We believe that hand papermaking is a natural conduit that encourages commemoration, sharing and understanding while also amplifying the voice of those who have a shared sacrifice. It is these elements of reintegration that we know to be part of a proper welcoming home. We have developed a completely mobile papermaking mill that has been employed around the country in over one hundred twenty five workshops since 2007, working with thousands of people in twenty-nine states.

The events have also led to the establishment of four additional paper mills and trained facilitators that are carrying on in the art and craft of hand papermaking in their respective communities. Whether it is a workshop, installation, exhibit, edition project, interactive demonstration or public discussion, Combat Paper is open for your participation. Drew Cameron Combat Paper Project San Francisco, CA

Military focus: Military Service Members, Veterans, Military Families, Veterans' Families, Military Youth, Military Children, Artists, Creative Arts Therapists, Health workers, Educators, Researchers, Volunteers, Arts organizations, Humanities organizations

Arts & Humanities focus: Collaborative art project - multidisciplinary

Organization: Local non-profit; arts

CONTACTS: Drew Cameron – Director <u>combatpaper@gmail.com</u>

SOCIAL MEDIA: Facebook www.facebook.com/combatpaper



SongwritingWith:Soldiers



Songwriting With: Soldiers (TX, NY, CA, MD, and VA)

510 S Congress Ave
Suite 108
Austin, Texas 78704
(512) 656-8204
http://www.songwritingwithsoldiers.org/

Programs available: Songwriting With: Soldiers (SW:S) uses collaborative songwriting to transform lives through creativity, connections, and strengths. Our program pairs veterans with experienced professional songwriters, in workshop and retreat settings, to craft songs about combat and the return home. Through the collaborative process, participants build trust, forge bonds, and transform pain into art. Each event concludes with a performance of all the songs written. As the participants listen to each other's songs, an important truth reverberates: I'm not alone; other people understand how I feel. Service members are enrolled in ASCAP (American Society of Composers, Authors, and Publishers) as cowriters of their songs; they have ownership. After returning home, they receive CDs of their songs and lyric books with photographs, a lasting source of pride and a means of reconnecting with family and friends, co-workers and communities. "I can bring this song home and play it for my kids, and they can understand what I've been through," said one participant. Songwriting With: Soldiers also organizes collaborative songwriting events for military families. Parents and their children come together, share stories, and write songs. SW: S songs are available through our website, concerts, and social media, raising awareness and building bridges between military and civilian communities. Songwriting With: Soldiers covers costs for all participants and family members.

Military focus: Recent combat since 2001 (OEF, OIF, OND), Gulf War, Vietnam War; all military branches

Arts & Humanities focus: Music; multidisciplinary

Organization: Non-profit health, social service, veterans, national

CONTACTS: Darden Smith – Founder & Creative Director info@songwritingwithsoldiers.org

Mary Judd – Executive Director mary.judd@songwritingwithsoldiers.org

SOCIAL MEDIA: Facebook SongwritingWith:Soldiers

Twitter #songwritingwithsoldiers Video http://vimeo.com/97853485



Connecticut



New Haven Symphony Orchestra

105Court Street Suite 302 New Haven, CT 94140 (203) 865-0831 www.newhavensymphony.org

Programs available: In gratitude for their service to the United States the NHSO now offers free tickets for ALL performances to active duty military personnel and their families. The Blue Star Service Banner was designed during WWI and represents a family member serving in the armed forces.

Call our Box Office at 203.865.0831 ext.10 Monday-Friday 9:00am-5:30pm or come visit us during regular Box-Office hours for more information or to make your Group reservation.

http://newhavensymphony.org/concerts-tickets/box-office-information/#Blue Star Tickets

Military focus: Active duty military personnel and their families

Arts & Humanities focus: Music and opera

Organization: Non-profit arts; national

CONTACTS: Katie Bonner Russo – Marketing Director <u>marketing@newhavensymphony.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/newhavensymphony

Twitter @NHSO



Delaware



TAHIRA Productions*

3052 Greenshire Court East Claymont, DE 19703 (302) 791-0161 http://www.tahiraproductions.com/

Programs available: TAHIRA Productions, Inc. provides storytelling programs for military families. Our programs can be tailored to address specific issues such as separation anxiety and bullying. Our programs blend story, poetry and music in an interactive, edge-of-your-seat art experience. Herald across the country for delivering high energy performances, our programs captivate and inspire families!

Military focus: Military children and families

Arts & Humanities focus: Storytelling and performance

Organization: For profit; individual artist

CONTACTS: Akua Tahira – President Info@TAHIRAproductions.com

MEDIA CONTACT: http://www.tahiraproductions.com/Press_Kit_BIO.pdf

SOCIAL MEDIA: Facebook @TAHIRAproductions

Twitter @TAHIRAstorytell @Storyladee



District of Columbia



Office of VSA & Accessibility - The Kennedy Center

2700 F Street NW Washington, DC 20566 (202) 416-8898 vsainfo@kennedy-center.org

Programs available: VSA, an affiliate of the John F. Kennedy Center for the Performing Arts, is dedicated to creating a society in which people with disabilities of all ages learn through, participate in, and enjoy the arts. Founded in 1974 by Ambassador Jean Kennedy Smith, VSA offers numerous arts, education, and pre-professional opportunities for children young adults living with disabilities and it provides intensive professional learning opportunities for arts teachers, teaching artists, and special educators working with students with disabilities. Programs are also carried out by an extensive network of affiliates across the United States and around the world.

Through the Kennedy Center's MyTix program, active members of the military can attend performances at the Center, and a partnership with Walter Reed National Medical Center offers tickets to service members undergoing treatment, and their families. VSA affiliates across the nation also provide arts workshops, residencies, performances, and exhibitions for and by veterans and service members. In the NYU Veterans Writing Workshop, founded and sustained by Ambassador Jean Kennedy Smith, students from the New York University Creative Writing Program lead weekly creative writing workshops for recent veterans of the wars in Iraq and Afghanistan.

Military focus: Military Service Members, Veterans, Military Children

Arts & Humanities focus: Dance/movement, Drama/theatre, Multidisciplinary, Music, and Visual Arts—e.g., drawing, painting, sculpture

Organization: Non-profit arts; international

CONTACTS: Stephanie Litvak – Manager, VSA Affiliates sslitvak@kennedy-center.org

SOCIAL MEDIA: Facebook VSAInternational

Twitter @VSAIntl

Instagram @VSAInternational



Florida



Morikami Museum and Japanese Gardens

4000 Morikami Park Rd Delray Beach, FL 33446 (561) 495-0233 www.morikami.org

Programs available: The mission of the **Morikami Museum and Japanese Gardens** is to provide authentic Japanese cultural experiences that entertain, educate, and inspire. Since its opening in 1977, The Morikami Museum and Japanese Gardens has been a center for Japanese arts and culture in South Florida, with rotating exhibitions in its galleries, tea ceremonies performed monthly in its Seishin-an tea house, an educational outreach program with local schools and organizations, and Japanese festivals celebrated for the public several times a year.

The Morikami Museum and Japanese Gardens and Astellas US Pharma, Inc. offers a complimentary program of therapeutic garden walks for the benefit of members of not-for-profit counseling, support groups, or therapy group that serves those who are experiencing stress, symptoms of depression, or mental exhaustion. Past participants include: cancer patients and others who are undergoing rehabilitative treatments and therapies, veterans, bereavement support groups, caregivers, and those with substance abuse issues.

The Astellas Pharma US, Inc. sponsored program provides a full year of visits to the Morikami Museum and Japanese Gardens for participants to leisurely stroll the garden and enjoy its natural beauty, peace and serenity. A guidebook/journal used during walking presents several themed walks that identify points along the way at which to pause, reflect, and experience a sense of ease. Based on such themes as "Awareness," "Trust," and "Fulfillment," the walks are designed to elicit reflection on one's life. Space in the guidebook/journal allows participants to record their thoughts on these and other topics. For more information, contact info and how to register please visit: http://www.morikami.org/astellas

Military focus: Military Service Members , Veterans , Military Families , Veterans' Families , Health workers , and caregivers

Arts & Humanities focus: Arts Museum and Garden

Organization: Non-profit organization (arts and museum); local

CONTACTS: Vanessa Rosen – Project Coordinator <u>vrosen@pbcgov.org</u>

Kizzy Sanchez Sherven – Director of Marketing and Events <u>Msanche@pbcgov.org</u>

SOCIAL MEDIA: Facebook https://www.facebook.com/morikami

Twitter @morikamimuseum

Instagram http://instagram.com/morikamimuseum

You Tube youtu.be/juDP3JCaA2o





Manatee Players, Inc.

502 3rd Avenue West Bradenton, FL 34205 (941) 749-1111 www.manateeplayers.com

Programs available: The Manatee Performing Arts Center in Bradenton, FL. is offering all currently active military personnel \$15 tickets to shows produced by The Manatee Players, Inc.

Reservations may be made by calling the ticket office at 941-748-5875 Monday - Friday 10-5 or Saturday 10-2. Present ID when picking up tickets at the ticket office.

Military focus: All currently active military personnel

Arts & Humanities focus: Theater/performance/dance

Organization: Non-profit arts - regional

CONTACTS: Janene Witham – Executive Director executive@manateeplayers.com

SOCIAL MEDIA: Facebook www.facebook.com/ManateePAC

Twitter @ManateePAC Instagram @ManateePAC

Video YouTube-ManateePAC



Arts for Health Florida

Arts for Health Florida

401 W Kennedy Blvd Box 73-F Tampa, FL 33606 (813) 276-8250 www.artsforhealthflorida.org

Programs available: Florida has more arts and health professionals than any other state in the nation. Arts for Health Florida is the culmination of the many years of hard work and dedication each of these professionals have devoted to building and sustaining some of the strongest arts and health programs in the country. In 2012 the Arts Council of Hillsborough County decided to develop a program to support the growth of arts and health programming in Tampa Bay.

One of its first steps was to hold a strategic planning and the arts council invited representatives from several esteemed arts and health organizations including The Coalition for Arts and Health Sarasota-Manatee, Creative Care, Moffitt Cancer Center, Shands Arts in Medicine, St. Joseph's Hospital, Tampa General Hospital and VSA Florida. What became apparent at this meeting was that there was truly a need for a statewide organization to bring together and support the efforts of the state's many arts and health professionals and organizations. Two years later, with the help and support of these groups as well as many others around the state, Arts for Health Florida has become an independent, statewide organization that supports the growth of the arts and health field and the many individuals and organizations around the state that offer arts and health integration services.

Our Mission: To Promote the Use of the Arts to Enhance Health and Well-being. We strive to raise awareness of the benefits of the arts for health and become a collaborative resource for individuals and organizations interested in learning more about the field of arts and health. Our database and resource list on the Arts for Health Florida website highlights organizations and professionals that offer arts and health integration services.

Military focus: Military Service Members , Veterans , Military Families , Veterans' Families , Military Youth , and Military Children

Arts & Humanities focus: Arts & Health

Organization: Non-profit arts; statewide

CONTACTS: Merilee Jorn, MS, ATR-BC – Executive Director info@artsforhealthflorida.org

SOCIAL MEDIA: Facebook www.facebook.com/TampaBayArtsforHealth



Florida



Worldwide Neon Tiki Tribe Inc. *

2630 Cherrywood Lane Titusville, Florida 32780 (321) 223-3685 http://neontikitribe.com/

Programs available: NEON TIKI TRIBE is America's 1st Educational Super Heroes for children. This unique children's book series is the 1st to use <u>DYSLEXIE</u>, a revolutionary new font designed to be easy to read by everyone, but especially for the 1 out of 5 kids who struggle to read due to dyslexia. Each book features fictional TIKI Super Heroes in GOOD vs EVIL action-packed storylines, but each story teaches a "real life" lesson like: Bullying, Honesty, Environment, Perseverance, Stranger Danger, Sportsmanship, Internet Safety and many more.

TIKI means- THOUGHTFUL, INTELLIGENT, KIND INDIVIDUALS and we're giving away 3 free ebooks to all! (Ipad/Kindle/Android/Iphones soon). Just Search NEON TIKI TRIBE IN YOUR APP STORES or just "Join" our website mailing list and get your free password to download them to your home computers. The first 6 books are MOM'S CHOICE award winners and ALL OF OUR BOOKS ARE IN 3 LANGUAGES (English, Spanish and Dutch).

We even have "Common Core" Teaching Guides for the school systems too. We are being promoted by two separate literacy agencies: the Barbara Bush Foundation for Family Literacy and Literacy for Adults in Brevard (LAB). Tell ALL YOUR VETERAN FRIENDS AND FAMILIES. Thanks!:)

["Tikiman" J. Greg Devlin / US Air Force (1977-1981) / Disabled Veteran / Titan II Missile Explosion Survivor (9/19/80) / Featured in "Command and Control" written by Eric Schlosser (Nov/2013 Publish Date)]

Military focus: Military children and youth

Arts & Humanities focus: Illustrated books for dyslexic and at risk students; education

Organization: Florida Corporation to Eradicate Illiteracy

CONTACTS: John Greg Devlin – President <u>r4tikis@aol.com</u>

SOCIAL MEDIA: Facebook www.facebook.com/neontiki



Indiana





Kurt Vonnegut Memorial Library

340 N. Senate Ave Indianapolis, IN 46204 (317) 652-1954 www.vonnegutlibrary.org

Programs available: Kurt Vonnegut praised the ability of the humanities to help him make sense of his World War II experience. Vonnegut's novel, Slaughterhouse Five, gave Kurt the chance to tell his story. On November 8, 2014 from 2:00-4:00 p.m., at Indianapolis's Central Library, the Kurt Vonnegut Memorial Library invites veterans to learn about the arts and tell their story. Reclaiming Armistice Day encourages veterans to explore the arts and the humanities in an effort to heal combat wounds associated with combat trauma. The event features an arts resource fair, a panel discussion and career support for veterans.

From 2:00- 4:00 p.m., the arts resource fair will provide educational resources from organizations such as the Herron School of Art, Veterans Antiquities and Elderheart. From 3:00-4:00p.m., in the main auditorium, NPR Iraq war correspondent Kelly McKevers will moderate a discussion that allows veterans to share perspectives from their experiences. The panel will feature guests such as Jim Brown from the Indiana Department of Veterans Affairs and Magnus Johnson, Iraq veteran and founder of ElderHeart and more. Following the program, Central Library staff will help facilitate job searches for veterans.

Military focus: Veterans

Arts & Humanities focus: Crafts (clay, ceramics, fiber arts, quilting, needlework, weaving), dance/movement, drama/theatre, multidisciplinary, music, and visual arts (painting, drawing, sculpture)

Organization: Local Arts and Humanities Agency

CONTACTS: Julia Whitehead – Executive Director julia.whitehead@vonnegutlibrary.org

SOCIAL MEDIA: Facebook www.facebook.com/VonnegutLibrary

Twitter @vonnegutlibrary

Link for Free Tickets to Event: https://www.eventbrite.com/e/veterans-reclaiming-armistice-day-tickets-13399037883



Kentucky



Trauma-Informed Practices and Expressive Arts Therapy Institute and Learning Center*

2317 Saratoga Drive Louisville, KY 40205 (502) 762-8989 www.trauma-informedpractice.com

Programs available: We provide expressive arts therapy, trauma-informed online and live courses, workshops and presentations that address post traumatic stress, traumatic brain injury and related challenges to military and their families. We are a group of credentialed arts therapists and mental health professionals who work with active and veteran military and their families, using the expressive arts as the core approach along with mind-body and trauma-informed principles with an emphasis on resiliency.

Military focus: Active and Veteran military and their families

Arts & Humanities focus: Multidisciplinary

Organization: Educational institution

CONTACTS: Dr. Cathy Malchiodi – Director/Founder <u>artchangeslives@gmail.com</u>

SOCIAL MEDIA: Facebook www.facebook.com/pages/Trauma-Informed-Practice

Twitter @arttherapynews **Instagram** @TraumaTherapies





Dancing Well: The Soldier Project

1355 Bardstown Rd Suite 134 Louisville, KY 40204 (502) 889-6584 www.DancingWell.org

Programs available: Dancing Well: The Soldier Project provides community dance to veterans and families affected by PTSD and Traumatic Brain Injuries (TBI). Through Dancing Well, veterans, families, and community members come together in a safe, low-pressure setting to enjoy the fun, fellowship, and sense of well-being that are the hallmarks of community dance. Developed in collaboration with a staff psychiatrist at Ft. Knox, Dancing Well is unique in providing a traditional dance experience tailored to the needs of afflicted veterans and their families. Veteran participants report improved mood, memory, sleep, physical health, and outlook on the future, as well as decreased anxiety and pain levels. Participants also report feeling less isolated and improved relationships with family, friends, and others. Currently in a start-up phase, Dancing Well has piloted its ten-session dance series with veterans in Louisville, Kentucky. Based on the success of this program and feedback from veterans, Dancing Well now seeks to establish a permanent Louisville series, as well as create a plan for training dance callers, activities directors, VA professionals, and others to work effectively with afflicted veterans. Dancing Well's ultimate goal is to serve communities throughout the U.S. and to become a permanent advocate for the benefits of traditional dance for veterans and families facing PTSD and TBI. Dancing Well envisions a world where veterans affected by PTSD and TBI can heal and thrive, together with their families, loved ones, and the larger community. The Country Dance and Song Society, a national leader in promoting participatory dance, music, and song with roots in English and North American culture and their living traditions, serves as fiscal sponsor for Dancing Well. Previous and current veteran participants serve as active partners, shaping the Dancing Well experience and spreading the word to others in need.

Military focus: Veterans and their families

Arts & Humanities focus: Traditional dance as social and recreational activity for veterans and their

families

Organization: Program or project under a non-profit organization

CONTACTS: Deborah Dedenfeld – Executive Director <u>Deborah@DancingWell.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/Dancing Well: The Soldier Project

Twitter @DancingWell



Louisiana



Central Louisiana Arts & Healthcare

Central Louisiana Arts & Healthcare, Inc.

PO Box 12802 Alexandria, LA 71315 (318) 442-8863 http://www.artsandhealthcare.org/

Programs available: Our mission is to provide innovative arts experiences in healthcare settings to assist with the healing process. Most of our work is carried out in two major regional hospitals - Rapides Regional Medical Center and CHRISTUS St. Frances Cabrini Hospital - which serve a 9 parish area of our state. Patients include many veterans and their families. We provide both passive and active arts experiences in both performing arts and visual arts mediums.

Military focus: Veterans and families

Arts & Humanities focus: Visual and performing arts

Organization: Non-profit organization (arts)

CONTACTS: Judy Ginsburgh – Executive Director <u>judy@artsandhealthcare.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/ArtsandHealthcare



Maryland



Serving Together Project

100 Twinbrook Way Rockville, MD 20851 (301) 424-0656

http://servingtogetherproject.org/

Programs available: Serving Together knows Montgomery County, Maryland and will provide clear guidance for service members and their families on how to access the information and resources they deserve. **Serving Together**, with help from Montgomery County government, local organizations, and businesses, is striving to provide a sustained, coordinated system in support to the 50,000 veterans living in Montgomery County and welcome home the newest generation of Warriors. **Serving Together** is a project of Mental Health Association of Montgomery County (MHA), and as such will build upon more than fifty years of service provision in the community. **Serving Together** will increase awareness of resources for service members, veterans and their families. Through community collaboration, education and advocacy, MHA and **Serving Together** will succeed in the mission to promote mental and physical wellness for those who have served our country!

Serving Together is here to make it easier for all of those who have served in the Armed Forces, National Guard or Reserves, and their families, to access the local services they need. We know the local community, and our goal is to provide clear guidance for local members of the military on how they can access the care and support they need. To do so, we coordinate with local nonprofits, community organizations, local businesses and County government to design a system of care to better support local service members. Everyone has a role to play in supporting troops, veterans and military families, from local nonprofits and businesses to policymakers and volunteers.

Military focus: Veterans and families - Recent combat, since 2001 (OEF, OIF, OND), Gulf War, Vietnam War, Korean War, World War II

Arts & Humanities focus: Resource

Organization: Non-profit (health)

CONTACTS: Robert Welty – Project Coordinator rwelty@mhamc.org

SOCIAL MEDIA: Facebook https://www.facebook.com/ServingTogetherProject

Twitter Serving Together





Class Acts Arts

700 Roeder Road First Floor Silver Springs, MD 20910 (703) 967-0437 www.classactsarts.org

Programs available: Class Acts Arts, Inc. engages communities to create interactive arts experiences that inspire learning. We are a non-profit arts-in-education organization dedicated to bringing high quality and culturally diverse performances, workshops and artist residencies to schools and communities, at-risk youth, seniors, wounded warriors and special needs populations throughout Maryland, the District of Columbia, and northern Virginia.

Working with a network of professional teaching artists, **Class Acts Arts** coordinates programming within local communities to bring the arts to people where they are and address particular needs and opportunities within that community. Artists range from visual to performing to literary arts and storytelling, and represent a broad array of cultural heritage and traditions. A number of **Class Acts Arts** artists have training and a background in music and art therapies, and have the ability to adapt their engaging programs to a particular setting.

Military focus: Military Service Members, Veterans, Military Families, Veterans' Families, Military Youth, and Military Children

Arts & Humanities focus: Crafts - e.g., clay, ceramics, fiber arts (quilting, weaving, needlework), woodworking, Dance/movement, Drama/theatre, Literary Arts, Multidisciplinary, Music, Visual Arts - e.g., drawing, painting, sculpture, and storytelling

Organization: Non-profit organization (arts & education) Maryland, the District of Columbia, and Virginia.

CONTACTS: James E. Modrick – Executive Director <u>jem@classactsarts.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/classactsarts

Twitter @classactsarts

You Tube www.youtube.com/user/ClassActsArts





"Music speaks what cannot be expressed, soothes the mind and gives it rest, heals the heart and makes it whole, flows from the heaven to the soul."

-Santiz

American Music Therapy Association*

8455 Colesville Road Suite 1000 Silver Spring, MD 20910 (301) 589-3300 www.musictherapy.org

Programs available: Representing over 6,000 professionally trained music therapists, AMTA is committed to the mission of advancing public awareness of music therapy benefits and increasing access to quality music therapy services. Nationally Board Certified Music Therapists work across the military continuum to provide music therapy interventions to America's service members and their families. Music therapy interventions make use of carefully structured and evidence-based interventions informed by the best available research in the published literature. Having been founded as a profession through service to veterans of World Wars I and II, music therapy has over 60 years of clinical history in the United States. In 1945, the U.S. War Department issued Technical Bulletin 187 detailing a program on the use of music for reconditioning among service members convalescing in Army hospitals. Music therapy grew and developed as a profession in part as a result of research endorsed by the Army and Office of the Surgeon General. • Music Therapy has a rich and long history in providing services for our American Heroes dating back to World War II. • Music therapists are providing treatment to military families with a special emphasis on children. • Approximately 50 qualified music therapists currently work in VA hospitals throughout the U.S. implementing model programs • NICoE Bethesda, NICoE Ft. Belvoir, Walter Reed, and other sites are offering music therapy treatment to active duty military. • The music therapy research provides a strong foundation for evidenced-based practice. • Research is supported by various public and private funding sources, including grants from several Institutes within NIH. • Research references are available through the American Music Therapy Association • Music therapy is listed on the U.S. General Services Administration (GSA) schedule under PROFESSIONAL AND ALLIED HEALTHCARE STAFFING SERVICES: 621-047

Military focus: All service members, active duty, veterans, families, and caregivers

Arts & Humanities focus: Creative arts through music

Organization: Non-profit (health, social services, veterans); National

CONTACTS: Dr. Andrea Farbman – Executive Director Farbman@musictherapy.org

Al Bumanis – Director of Communications Bumanis@musictherapy.org

SOCIAL MEDIA: Facebook www.facebook.com/AMTAInc Twitter @AMTAInc





Maryland



Glen Echo Park Partnership for Arts and Culture

7300 MacArthur Blvd Glen Echo, MD 20812 (301) 634-2222 www.glenechopark.org

Programs available: The Glen Echo Park Partnership offers a year-round slate of visual arts, music, and dance and movement classes for adults and children. Military servicemembers and their families can explore their creativity and experiment with different media and techniques through daytime and evening classes and workshops. In addition, the Park offers an annual series of free family festivals, including Family Day in May, the Washington Folk Festival in June, Then & Wow Festival in September, Fall Frolic in October, and Winter's Eve in December.

Other free events include concerts every Thursday evening during the summer which often feature military bands, year-round exhibitions in multiple gallery spaces throughout the Park, Art Walk evenings on the second Friday of every month from May through October, and the annual Labor Day Art Show combined with an Open House for Classes and the Irish Music and Dance Showcase throughout the Labor Day holiday weekend.

The Partnership has supported events for military veterans and their families including hosting the recent Serving Together Resource Fair in spring 2014 and hopes this will lead to increased collaboration with community groups directly serving veterans. The Partnership is eager to collaborate with military/veterans programs to present an exhibition of artwork produced by servicemembers and/or veterans in November during the Veterans Day holiday. Ideally, the show could become an annual tradition in collaboration with multiple partners.

Military focus: All military, active duty, veterans, their families, and caregivers

Arts & Humanities focus: Multidisciplinary and available facility

Organization: Non-profit arts; local

CONTACTS: Meredith Forster – Educations Program Manager <u>mforster@glenechopark.org</u>

Jenni Cloud – Marketing and Communications Associate jcloud@glenechopark.org

SOCIAL MEDIA: Facebook www.facebook.com/glenechopark

Twitter @glenechopark
Pinterest Glen Echo Park



SongwritingWith:Soldiers



Songwriting With: Soldiers (TX, NY, CA, MD, and VA)

510 S Congress Ave
Suite 108
Austin, Texas 78704
(512) 656-8204
http://www.songwritingwithsoldiers.org/

Programs available: Songwriting With: Soldiers (SW:S) uses collaborative songwriting to transform lives through creativity, connections, and strengths. Our program pairs veterans with experienced professional songwriters, in workshop and retreat settings, to craft songs about combat and the return home. Through the collaborative process, participants build trust, forge bonds, and transform pain into art. Each event concludes with a performance of all the songs written. As the participants listen to each other's songs, an important truth reverberates: I'm not alone; other people understand how I feel. Service members are enrolled in ASCAP (American Society of Composers, Authors, and Publishers) as cowriters of their songs; they have ownership. After returning home, they receive CDs of their songs and lyric books with photographs, a lasting source of pride and a means of reconnecting with family and friends, co-workers and communities. "I can bring this song home and play it for my kids, and they can understand what I've been through," said one participant. Songwriting With: Soldiers also organizes collaborative songwriting events for military families. Parents and their children come together, share stories, and write songs. SW: S songs are available through our website, concerts, and social media, raising awareness and building bridges between military and civilian communities. Songwriting With: Soldiers covers costs for all participants and family members.

Military focus: Recent combat since 2001 (OEF, OIF, OND), Gulf War, Vietnam War; all military branches

Arts & Humanities focus: Music; multidisciplinary

Organization: Non-profit health, social service, veterans, national

CONTACTS: Darden Smith – Founder & Creative Director info@songwritingwithsoldiers.org

Mary Judd – Executive Director mary.judd@songwritingwithsoldiers.org

SOCIAL MEDIA: Facebook SongwritingWith:Soldiers

Twitter #songwritingwithsoldiers Video http://vimeo.com/97853485





Artstream, Inc.*

620 Pershing Drive Silver Spring, MD 20910 (301) 565-4567 www.art-stream.org/

Programs available: ArtStream is a regional organization based in the Washington metropolitan area whose mission is to create artistic opportunities for communities traditionally underserved by the arts. ArtStream views participation in the arts as a human right, and we are dedicated to creatively engaging and empowering all people regardless of physical or cognitive ability. Established in 2006, our programs serve persons with developmental disabilities and mental illness; children in short and long term hospital settings; individuals and families who are bereaved; and wounded military personnel, veterans, and their caregivers. We offer workshops, performances, classes, seminars, trainings, and artist residencies in three program areas: Disability Services; Children, Teen, and School Services; and Arts in Healthcare.

ArtStream's arts in healthcare programming, inaugurated in 2008, seeks to develop, implement, and evaluate innovative program models for diverse populations within the healthcare field, including individuals in hospital or hospice care. The program currently encompasses two programs at Walter Reed National Military Medical Center designed to enhance patient, family, and staff quality of life. Allies in the Arts provides twice-weekly sessions in a variety of expressive arts for wounded military personnel and their families at WRNMMC. Established in 2010, these ongoing creative arts experiences, offered bedside and in family rooms, are designed for active personnel and veterans recovering and rehabilitating from traumatic brain, spinal cord injury, and other war-related functional disabilities. You Are a Work of Art, established in 2013, is a series of creativity-based activities designed for nurses, medics, and technicians charged with caring for these patients. It is the shared mission of the two programs to provide creative outlets for participants to process traumatic experiences, reduce stress, and increase overall well-being.

Military focus: All military, veterans, and families

Arts & Humanities focus: Crafts (clay, ceramics, fiber arts, quilting, needlework, weaving), dance/movement, drama/theatre, multidisciplinary, music, and visual arts (painting, drawing, sculpture)

Organization: Non-profit arts, local and regional

CONTACTS: Judy Rollins PhD, RN – Project Director j.rollins@arts-tream.org

SOCIAL MEDIA: Facebook www.facebook.com/artstreaminc

Twitter @Artstream_Inc Instagram @artstream_inc



Nevada



Music 4 Life Health Club & Training Center*

2975 S Rainbow Blvd Suite B Las Vegas, NV 89146 (702) 889-2881 info@music4life.us

Programs available: Music 4 Life® empowers people to be responsible for their health with easy, accessible, inexpensive programs and products saving health care costs. We teach user-friendly life skills for mental fitness, building capacity to deal with more stress. Online and soon to spread across the country from our headquarters in Las Vegas, Nevada, effective mental fitness programs synergize music therapy, drum circles and music medicine with wellness circles focused on allowing the job-seeker to relax, open up to the changing environment, and embrace the next opportunity through guided imagery, career development, future job focus and effective stress relief. Music 4 Life® Radio archives weekly shows at blogtalkradio.com/Music4LifeUSA. Co-hosts Judith Pinkerton and Amy Frost share music medicine, life skills and guests who dare to BE happy in the midst of crisis.

Music 4 Life® National Wellness Circles Director Amy Frost, MBA and MA Spiritual Psychology, is trainer, writer and facilitator for the underemployed, unemployed and over employed who seek mental fitness programs that support emotional resiliency and encourage participants to stay in the game while implementing action plans for their next steps. Located on Solutions Wellness Campus, Music 4 Life® grew out of Founder Judith Pinkerton's hospital experience in the 1980's when her solo violin music replaced routine post-surgical medication. As a licensed music therapist, author, recording artist and trainer, Judith created accredited workshops, healing CDs and music therapy protocol which are nationally recognized in her 2014 TEDx Talk, "Music Powers Potential: Building Mental Fitness." People learn how to restructure music listening habits to heal emotional crisis and trauma, including career transitions. Music can be very effective in neutralizing emotional triggers, soothing anxiety while strengthening mental fitness.

Military focus: PTSD; Military Service members, Veterans, and families

Arts & Humanities focus: Arts & Health

Organization: Behavioral Health Agency; local, regional, national, international

CONTACTS: Judith Pinkerton – Founder/President judith@music4life.us

SOCIAL MEDIA: Facebook https://www.facebook.com/Music4LifeUSA

Twitter https://twitter.com/music4lifeus **Video** http://youtu.be/iSFaiyRdu E





Oasis by Design LLC*

429 Walnut Lane Princeton, NJ 08540 (609) 683-1317 www.oasisbydesign.net

Programs available: 'Oasis by Design' raises awareness among caregivers, patients, designers and the public about the psychological importance of healing homes and healthcare places. Our groundbreaking 'healing by design psychology' presentations, publications, online columns and design consultation provide military service members, veterans and their families with new ideas and strategies for creating oases that support their positive growth and change: PRESENTATIONS: Our in-person and online talks and workshops such as 'Oasis: Healing by Design Psychology' and 'Home Design Psychology' engage participants in envisioning and creating an ideal home - - especially in the face of trauma and/or homelessness. Such a "design from within" process acts as a unique type of 'design art therapy.'

PUBLICATIONS: Through Design Psychology Press we offer books and other publications such as "Some Place Like Home: Using Design Psychology to Create Ideal Places" that provide how-to methods for creating ideal healing oases. www.designpsychology.net ONLINE COLUMNS: Our "Psychology Today" 'Design on My Mind' blog on healing spaces frequently covers issues of relevance to the arts, health and the military. See: http://www.psychologytoday.com/blog/design-my-mind DESIGN CONSULTATION: We work with agencies and organizations to transform their spaces, often by involving users in creating nurturing oases that match their group's mission and meet the practical, social and emotional needs of staff and clients. www.oasisbydesign.net

PRODUCTS: Our 'Robe to Wellness' is an empowering designer robe for women going through radiation, recovery and . . . life. www.robetowellness.com

Military focus: Health Centers

Arts & Humanities focus: Design/Architecture

Organization: Design Psychology Consulting Company

CONTACT: Toby Israel – President/CEO <u>tphoenix3@gmail.com</u>





Educate. Innovate. Advocate.

ArtPride New Jersey Foundation

432 High Street
Burlington, NJ 08016
(609) 479-3377
www.aahnj.org or www.artmattersnj.org

Programs available: The Alliance for Arts and Health NJ (AAHNJ) is a program of ArtPride NJ. AAHNJ connects artists and arts professionals, and those who provide health and wellness services. We engage a network of members to educate, advocate, and advance best practices in arts and health. Our members include arts and healthcare providers that address the wellness of veterans through the arts, including Voices of Valor of Music for All Seasons and Combat Paper, a project of the Printmaking Council of NJ.

Military focus: Veterans and active duty military; military families

Arts & Humanities focus: Arts & Health

Organization: State Arts or Humanities Agency

CONTACTS: Karen Pinzolo – Director of Community Engagement kpinzolo@artpridenj.com

SOCIAL MEDIA: Facebook www.facebook.com/artpridenj





Printmaking Center of New Jersey

440 River Road Branchburg, NJ 08876 (908) 725-2110

http://www.printnj.org/ or combatpaper@printnj.org

Programs available: The Printmaking Center of New Jersey is a 40 year old, award winning community arts center and change agent. In 2011, the Printmaking Center launched Combat Paper NJ, a ground-breaking program that provides opportunities for veterans to use art to explore the physical, psychological and emotional effects of their military experiences. The program is run by veterans, for veterans. Through this program the Printmaking Center of NJ seeks to change American culture by breaking the code of silence that has kept generations of veterans from opening up and sharing their often painful experiences. Through this program we accept our responsibility as community members to bear witness to the art and poetry that are created during Combat Paper workshops. The act of witnessing, without judgment, to veterans' military experiences is critical to re-building post-war society.

Military focus: Veterans and families

Arts & Humanities focus: Arts & Health

Organization: State Arts or Humanities Agency

CONTACTS: Dave Keefe – Director of Community Engagement director@printnj.org

SOCIAL MEDIA: Facebook www.facebook.com/The Printmaking Center of New Jersey

Twitter @PCNJ Instagram @PCNJ



New York



Creative Healing Connections

PO Box 69
Bakers Mill, NY 12811
(518) 576-2063
http://www.creativehealingconnections.org

Programs available: Creative Healing Connections presents arts and healing retreats for women who have served in any branch of service at any time, as well as retreats for caregivers, and partners with Homeward Bound Adirondacks to present healing retreats for military families, and others. Since 1999 Creative Healing Connections has been presenting retreats for women living with cancer and other chronic diseases, which are open to veterans, and its specific programs for veterans since 2008.

Our Arts and Reintegration Adirondack Women's Retreats for Women Veterans focus on the unique issues arising out of military service, including invisible wounds. They provide veterans an opportunity to learn from others who have served our country on how to be both a citizen and warrior and gain the skills that will enhance quality of life. Some of our participants are coping with post traumatic stress disorder-. Some are homeless; some are challenged in being able to hold down a job, many suffer from MST (military sexual trauma) and TBI (traumatic brain injury). All these women are proved a place where they can connect, develop and continue friendships, gain new skills, express their feelings and heal. Our retreats are held in unique safe settings that take full advantage of the Adirondack environment of New York State. As one veteran said, "When I am here I feel that I am in a safe place where I can open up, share my feelings, and nobody's judging me. You feel good when you are here. It's just amazing."

Military focus: Veterans; Women that are Veterans http://www.creativehealingconnections.org/retreats/veterans/

Arts & Humanities focus: Crafts - clay, ceramics, fiber arts (quilting, weaving, needlework), woodworking, Dance/movement, Drama/theatre, Literary Arts, Multidisciplinary, Music, Visual Arts - drawing, painting, sculpture

Organization: Non-profit arts; local, regional, national, international

CONTACTS: Naj Wikoff – Founder and Trustee <u>naj@kvvi.net</u>

SOCIAL MEDIA: Facebook www.facebook.com/pages/Creative-Healing-Co





Coming Home: Journey, Community, Dialog

138 W 17 St Floor 5 New York, NY 10011 (212) 633-0324 www.cominghomejcd.com

Programs available: Coming Home: Journey, Community, Dialog is a public art experience that honors and gives voice to warriors and their families, and heals the rift between America's civilian and military communities, creating a bright future for our country. Journey is an art residency culminating in resiliency-training for soldiers and the creation of the "Lazarus in Afghanistan: The Golden Hour" mural. Community is an installation of soldier's photographs of their daily lives, projected on Hesco bunker house. Dialog is a space for constructive civilian-military conversations. The part of the project we are currently in progress of is Journey. Journey is a resiliency-building project for soldiers, designed to strengthen "bounce back", trauma coping skills, cultural awareness, and consideration for others. Journey includes a workshop and a casevac reenactment drill. Journey includes a resiliency building workshop and reenactment. Journey will be photographed and the photos will be used to create a mural. Journey, Community, Dialog will be exhibited as an interactive public art experience that will tour CONUS, building awareness and support for soldiers and their families. Our featured photographer for Community is COL Gregory D. Gadson, a warrior, double amputee, movie star, inspirational speaker and photographer. Photographs from his deployment and at home will be exhibited as part of the Coming Home project as well as projected on a Hesco bunker house as part of the Community installation. Dialog will be an opportunity for spontaneous dialogs between any two civilian and military individuals and will also be used as a space for scheduled dialogs between American leaders and influencers. A voice-activated reflective pool will be installed at the Dialog space to encourage speakers to speak to each other with compassion and respect. The project will result in public exhibitions in New York and Washington DC, and in the future other cities.

Military focus: Military service members, veterans, and their families

Arts & Humanities focus: Arts for awareness and healing of military and civilian communities

Organization: Program/Project under a non-profit organization; regional

CONTACTS: Brookie Maxwell – Project Director/Artist brookiemaxwell@gallery138.com





Art Therapy Outreach Center

132 West 21st Street 6th Floor New York, NY 10011 (212) 592-2755 www.atocny.org

Programs available: The Art Therapy Outreach Center (ATOC) is a nonprofit organization dedicated to providing free art therapy services to underserved populations in the New York City area who have experienced some form of trauma, including war veterans, at-risk youth, and victims of domestic violence or sexual abuse. Our mission is to utilize the visual arts to provide a therapeutic experience for participants that will enhance their physical, mental and emotional well-being. Ultimately, ATOC's aim is to help our clients see themselves as survivors of trauma rather than victims, and build the confidence necessary to re-engage in their communities and move on with their lives. Currently, ATOC has two women-only post-9/11 veteran groups and one male veterans group. We just started a pilot for homeless male veterans and we have a pilot scheduled in June for homeless female veterans. We ran two additional groups for homeless veterans last year. All of our clients have experienced trauma and have been diagnosed with mental and/or physical ailments including post traumatic stress disorder (PTSD), Military Sexual Trauma (MST), Traumatic Brain Injury (TBI), drug addiction and/or homelessness.

Art therapy is a unique combination of art and psychology that uses the power of the visual arts as a vehicle for healing, communication, self expression and personal development. It provides an alternative, non-verbal way for people who have experienced trauma to explore and express their feelings. Art therapy groups offer a safe creative space where people can form supportive connections, manage stress, and gain an overall sense of well-being. In a non-threatening therapeutic environment, the universal language of the visual arts can encourage emotional resilience, behavioral change, a new capacity for self-reflection and personal growth. With our Veterans groups we deal with issues around PTSD, MST, TBI, transitioning into civilian life, changing family dynamics and self identity.

Military focus: Veterans and Creative Arts Therapists

Arts & Humanities focus: Multidisciplinary

Organization: Non-profit – health, social services, and veterans; PTSD; local

CONTACTS: Martha Dorn – Executive Director <u>martha@atocny.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/ATOCnyc Twitter @ATOCNYC





Hudson Valley Shakespeare Festival

140 Main Street Cold Spring, NY 10516 (845) 809-5750 www.hvshakespeare.org

Programs available: HVSF engages the widest possible audience in a fresh conversation about what is essential in Shakespeare's plays. Our theater lives in the here and now, at the intersection between the virtuosity of the actor, the imagination of the audience, and the inspiration of the text. HVSF's Education and Outreach Department strives to increase access to, and participation in, Shakespeare and live theater, especially for underserved populations.

In addition to providing discounted tickets to our summer season at Boscobel for veterans, service men and women and their families, in 2015 we're producing An Iliad, a contemporary adaptation of Homer's epic poem about the fall of Troy, the original war story in our literary tradition. An Iliad will be included in our main stage programming, and simultaneously tour throughout the Hudson Valley region to facilities that specifically serve veterans and military families.

Military focus: Veterans, military families, veterans' families, military youth

Arts & Humanities focus: Drama and theatre

Organization: non-profit - arts

CONTACTS: Sean McNall - Associate Artistic Director smcnall@hvshakespeare.org



New York



Warrior Songs*

1437 Dean Street Niskayuna, NY 12309 (518) 878-8579 www.warriorsongs.org

Programs available: Warrior Songs is committed to facilitating healing through the creative arts. Our mission is to assist veterans in more fully understanding and integrating all aspects of the military experience by transforming their traumatic experiences and struggles into a music and art which both inspires and is life affirming, thus motivating their continued healing. Warrior Songs hosts four day healing arts retreats for veterans designed to facilitate introspection, expression, creativity and connection. Held in a peaceful setting, retreats provide a safe container for each person's truth to be shared and honored. We explore departure, service, and transition home, allowing art to become testimony to the pain of war and to the joy of the healing process.

On the last evening, stories are shared through song and art form to a supportive gathered community allowing veterans to speak their truth and for family/others to provide a 'welcome home'. Warrior Songs retreats are all inclusive and free of charge.

Military focus: Veterans – recent combat, since 2001 (OEF, OIF, OND), Gulf War, Vietnam War

Arts & Humanities focus: Multidisciplinary

Organization: Non-profit arts; local, state, national

CONTACTS: Paula Griffin - Manager paula@warriorsongs.org



SongwritingWith:Soldiers



Songwriting With: Soldiers (TX, NY, CA, MD, and VA)

510 S Congress Ave
Suite 108
Austin, Texas 78704
(512) 656-8204
http://www.songwritingwithsoldiers.org/

Programs available: Songwriting With: Soldiers (SW:S) uses collaborative songwriting to transform lives through creativity, connections, and strengths. Our program pairs veterans with experienced professional songwriters, in workshop and retreat settings, to craft songs about combat and the return home. Through the collaborative process, participants build trust, forge bonds, and transform pain into art. Each event concludes with a performance of all the songs written. As the participants listen to each other's songs, an important truth reverberates: I'm not alone; other people understand how I feel. Service members are enrolled in ASCAP (American Society of Composers, Authors, and Publishers) as cowriters of their songs; they have ownership. After returning home, they receive CDs of their songs and lyric books with photographs, a lasting source of pride and a means of reconnecting with family and friends, co-workers and communities. "I can bring this song home and play it for my kids, and they can understand what I've been through," said one participant. Songwriting With: Soldiers also organizes collaborative songwriting events for military families. Parents and their children come together, share stories, and write songs. SW: S songs are available through our website, concerts, and social media, raising awareness and building bridges between military and civilian communities. Songwriting With: Soldiers covers costs for all participants and family members.

Military focus: Recent combat since 2001 (OEF, OIF, OND), Gulf War, Vietnam War; all military branches

Arts & Humanities focus: Music; multidisciplinary

Organization: Non-profit health, social service, veterans, national

CONTACTS: Darden Smith – Founder & Creative Director info@songwritingwithsoldiers.org

Mary Judd – Executive Director mary.judd@songwritingwithsoldiers.org

SOCIAL MEDIA: Facebook SongwritingWith:Soldiers

Twitter #songwritingwithsoldiers Video http://vimeo.com/97853485



North Carolina



The Arts Council of Wayne County

102 N John Street Goldsboro, NC 27530 (919) 736-3300 www.artsinwayne.org

Programs available:

The ACWC has been serving the citizens of Wayne County since 1963. The organization provides a wide variety of arts programs including exhibits, music performances, visual art and music classes, community art activities, public art projects, festivals, and community engagement projects. Since 2007, the Arts Council has provided an afterschool art program in partnership with the Seymour Johnson Air Force Base Youth Center. Additionally, the organization serves military members and their families by providing events/projects that are free and open to public.

Military focus: All Military Service Members, Veterans, and Families; children of military families

Arts & Humanities focus: Multidisciplinary

Organization: Local Art & Humanities agency

CONTACTS: Sarah Merritt – Executive Director sarah@artsinwayne.org

SOCIAL MEDIA: Facebook www.facebook.com/Arts Council of Wayne County

Twitter @artsinwayne



North Carolina



Rudd Photography LLC

2525 Booker Creek Rd Apt 2H Chapel Hill, NC 27514 (910) 992-2769 www.ruddphotography.com

Programs available: Rudd Photography is a Service Disabled Veteran Owned Small Business that focuses on providing high quality commercial photography to meet the needs of clients in and around the Chapel Hill and Durham, NC, region.

In addition, the organization provides outreach services to support the health, success and healing of veterans as identified through organizations such as the Veterans Affairs Department, Veterans of Foreign Wars, and American Legion, in addition to others. We are open to supporting volunteer and commercial projects that highlight our veteran community and support ongoing efforts to improve the lives of those affected by war.

Rudd Photography also exhibitions the work of its principal photographer, Hunter Rudd, to support efforts to increase awareness of the healing power that art has against trauma related illness.

Military focus: Military service members, veterans, and families

Arts & Humanities focus: Photography, film, media arts

Organization: Service disabled veteran owned small business

CONTACTS: Hunter Rudd – owner <u>hunter@ruddphotography.com</u>



North Carolina



Charles George VA Medical Center

1100 Tunnel Road Asheville, NC 28805 (828) 298-7911 richard.kelly4@va.gov

Programs available: The CGVAMC is actively developing a Medical Humanities Program. The have partnered with the Center for Arts in Medicine/Asheville to develop arts programming initially focusing on the Center for Community Living, Veterans Restoration Quarters, and combat veterans with post traumatic stress. We are planning a national meeting May 2015 focusing on the use of poetry (as a window for the arts) for combat veterans with PTSD and TBI. This event is hoped to be a demonstration project for the National Initiative, and provide a platform for building a coalition of VA's around the country to work together to strategically implement the recommendations of the National Initiative's White Paper.

We are partnering with community, state, and national programs to build a network of key stakeholders to change the conversation, culture, and care within the VA system. We, as all here, believe the arts are an effective, if not the most effective way to help our wounded veterans find as fully as possible the level of recovery and healing possible for them, and in so doing find a deep sense of their humanity and hope for a full life.

Military focus: Veterans; Center for Community Living, Veterans Restoration Quarters, and combat veterans with post traumatic stress

Arts & Humanities focus: Arts and Health; poetry

Organization: Veterans Department Division; local, regional, national

CONTACTS: Richard Bruce Kelly, MD – Medical Humanities Program <u>richard.kelly4@va.gov</u>



Ohio



Vet Art Project*

798 Bloomfield Avenue Akron, OH 44302 (708) 715-5488 www.vetartproject.com

Programs available: The Vet Art Project creates opportunities for veterans and family members to work with creative media to foster storytelling about war and service to attain a greater level of personal understanding, awareness, and peace. Programs include workshop series with expressive arts therapists for women veterans and women who support veterans and service members; male veterans; young adults from military families; and civilians who are interested in building bridges and assisting members of the veteran community. Workshops use a variety of expressive art forms including drama, art, music, and movement to foster storytelling in an affirming, accepting environment.

We partner with area arts organizations for veteran artist shows and more. There is programming for veterans who are homeless and refugee populations, too. College courses, staff trainings, half-day and weekend workshops are offered across the United States. Claude AnShin Thomas, author of At Hell's Gate uses these words to describe the healing power of story telling: "Together we are much stronger than we are alone. This is how we can rebuild bridges, rebuild homes, rebuild lives. It is through this process [of storytelling] that we can begin to experience joy, the result of waking up and learning to live harmoniously with the whole self."

Military focus: Women veterans and women who support veterans and service members; male veterans; young adults from military families; and civilians who are interested in building bridges and assisting members of the veteran community.

Arts & Humanities focus: A variety of expressive art forms including drama, art, music, and movement to foster storytelling in an affirming, accepting environment.

Organization: Non-profit Program/Project; local, regional, national, international

CONTACTS: Lisa Peacock, MA, RDT – Founder & Director vetartproject@gmail.com







Family & Community Services (Veteran Programming)

705 Oakwood St. Suite 221 Ravenna, OH 44266 www.fcsohio.org

Programs available: Family & Community Services, Inc.'s (FCS) veterans programming provides creative arts therapeutic programming for program participants. FCS provides over 100 beds to serve veterans who find themselves homeless in Northeast Ohio. Veterans participate in a 12-week homeless recovery program. Through this program veterans receive creative writing, drama, music, and art therapy. This is not merely creative art in therapy, but art as therapy. All therapists have their master's degrees and are registered with their discipline's board.

This program works in partnership with The Department of Veterans Affairs (VA) Grant and Per Diem Social Workers. The model has created a system where services are not being duplicated by the VA and the local service provider. It also allows the veterans to experience a variety of therapeutic and counseling programming to help them in their process of reintegrating into the community, obtaining income, and obtaining and maintaining permanent housing.

Military focus: Veterans; homelessness and re-integration

Arts & Humanities focus: Creative writing, drama, music, visual arts

Organization: Non-profit organization; health and social services; regional

CONTACTS: Matthew K. Slater – Director of Veterans Services mslater@fcsohio.org



Oklahoma





Tulsa Symphony Orchestra

117 N Boston Ave Suite 201 Tulsa, OK 74103 (918) 584-3645 www.tulsasymphony.org

Programs available: Our program is titled **Heart Strings**. We send a chamber ensemble (woodwind, string, brass, or harp) to the Jack C. Montgomery VA Hospital in Muskogee, OK once or twice a month to perform for patients/family members, staff and physicians in a concert setting to entertain and bring the healing power of music to those who have served and serve. We also provide strolling musicians who are able to enter private patient rooms where desired, for those that are unable to attend the concert. We also provide performance tickets through the Veterans Tickets Foundation.

Military focus: Veterans and families

Arts & Humanities focus: Music and performance

Organization: Non profit arts

CONTACTS: Todd Cunningham – Marketing Director todd@tulsasymphony.org

SOCIAL MEDIA: Facebook www.facebook.com/TulsaSymphony

Twitter @tulsasymphony



Oregon



Earthtones Music Therapy Services, Inc.

5441 SE Belmont
Portland, OR 97215
(971) 207-0725
http://earthtonesmusictherapy.com/

Programs available: Earthtones Music Therapy Services, based in Portland, Oregon, provides several innovative music therapy and horticultural therapy programs for veterans, children and adults with developmental and intellectual disabilities, adults living with Alzheimer's and Parkinson's disease, and people in hospice care. Facilitated by drummer and board certified music therapist Ted Owen, the Aluna Rhythm Project is a peer-centered rhythm-based group music therapy program designed to provide the following benefits for combat veterans experiencing war-related symptoms such as post traumatic stress disorder (PTSD). — help build feelings of group connectedness and group cohesion — increase awareness of an expression of feelings — learn to modulate and control emotions — practice ways of changing or controlling behavior — increase feelings of control and empowerment Program Offerings — Monthly Drum Circles — for veterans and their friends and family members.

6-8 Weekly Group Sessions — Presented in small group settings with 5-10 other veterans, participants will have opportunities to experience success, connect with others, and share experiences on a nonverbal level. As they participate successfully in music experiences, they begin to view themselves as an integral part of the group and begin to see their value as a person within a safe environment. Group sessions of 60–75 minutes duration are offered weekly in a confidential therapeutic setting at no charge to referred veterans.

Military focus: Veterans, friends, and families

Arts & Humanities focus: Music

Organization: For-Profit Agency providing pro bono work with veterans

CONTACTS: Jodi Winnwalker, LCSW, MT-BC – CEO <u>Jodi@earthtonesmusictherapy.com</u>

SOCIAL MEDIA: Facebook https://www.facebook.com/EarthtonesMusicTherapy



Pennsylvania



Pittsburgh Symphony Orchestra

Heinz Hall 600 Penn Ave Pittsburgh, PA 15222 (412) 392-4841 http://www.pittsburghsymphony.org

Programs available: The Pittsburgh Symphony Orchestra's Music and Wellness Program utilizes the expertise of PSO staff and musicians to serve as a resource to patients, families, and healthcare staff in Western Pennsylvania in order to empower individuals to use music for the promotion of health and wellness. Through the Music and Wellness Program, the PSO works with music therapists and other healthcare professionals to bring therapeutic, live music to individuals at multiple Pittsburgh area facilities, including the H.J. Heinz Campus of the VA Pittsburgh Healthcare System.

PSO musicians lead music and wellness sessions for small yet diverse groups of participants that include patients or residents, their families, and healthcare staff. By interacting with participants and performing relevant and meaningful music, PSO musicians help participants meet their physical, emotional, and social needs. PSO musicians have collaborated with the VA's music therapists multiple times since their inaugural visit on Veterans Day in 2011. At the VA, musicians have provided music that sparks memories and conversations during cognitive therapy group sessions. They have also energized participants and encouraged social interaction through large group programs, and they have relaxed and uplifted participants through bedside hospice visits.

To learn more about the program in general or watch videos demonstrating the impact of past events, visit the Music and Wellness Program website at wellness.pittsburghsymphony.org.

Military focus: Veterans and their families

Arts & Humanities focus: Music

Organization: Non-profit arts, regional

CONTACTS: Jessica Ryan – Education and Community Programs Manager

education outreach@pittsburghsymphony.org or jryan@pittsburghsymphony.org

SOCIAL MEDIA: Facebook www.facebook.com/PittsburghSymphonyOrchestra

Twitter @pghsymphony

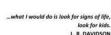
Video http://wellness.pittsburghsymphony.org/gallery/



Pennsylvania











From War to Home

3900 Woodland Av Bldg 4100, Suite 202 Philadelphia, PA 19104 (215) 823-5800 http://www.va.gov/FromWar

http://www.va.gov/FromWarToHome/

Programs available: Veterans returning from deployments in support of Operations Enduring Freedom (OEF) and Iraqi Freedom (OIF) face complex challenges in making the transition to post-deployment life. The VA is uniquely positioned to meet the health care needs of veterans and support successful reintegration. However, many OEF/OIF veterans lack a sense of connection with the VA, and in return, VA leadership, providers and staff may have difficulty relating to the deployment and post-deployment experiences of combat veterans.

From War to Home started as a year-long participatory research project conducted by Gala True, PhD, in partnership with 29 OEF/OIF veterans, designed to help bridge these gaps in knowledge and understanding and to promote an environment of patient-centered care for OEF/OIF veterans within the VA. Using photovoice methods, these veterans shared their experiences of military service, deployment, and homecoming through visual images and first person narratives. Collaboratively, the project team and participants developed an exhibit of veterans' photos and stories that premiered at the Philadelphia VA Medical Center in November 2012 and has since been installed at several venues within and outside the VA. In addition to the traveling exhibit, Dr. True continues to collaborate with veterans from the project to share the message of From War to Home with new audiences through presentations, interviews with the press, and publication in peer-reviewed journals. From War to Home provides a blueprint for conducting community-engaged research with a variety of veteran populations and opens up numerous pathways for improving care of OEF/OIF veterans.

Military focus: Veterans – recent combat since 2001 (OEF, OIF, OND)

Arts & Humanities focus: Arts & Health; storytelling

Organization: Veterans Department; national

CONTACTS: Gala True – Project Director jennifer.true2@va.gov



Tennessee



Clarence Brown Theater

1714 Andy Holt Avenue Knoxville, TN 37996 (865) 974-5161 www.clarencebrowntheatre.com

Programs available: The mission of the Department of Theatre and the Clarence Brown Theatre Company shall be to achieve regional, national and international distinction by:providing quality programs of study at both the graduate and undergraduate levels, supporting a resident professional theatre to foster professional standards of production and performance, enriching the study and practice of theatre with projects and pursuits which facilitate national and international artistic exchange among teachers, students and professional artists, and providing a cultural resource for both the university and the larger East Tennessee community that affirms diversity and inclusivity in all their forms.

Military focus: Military Service members, veterans, and families

Arts & Humanities focus: Drama/theatre

Organization: University Department

CONTACTS: Robin Conklin – Marketing Director <u>rconkli1@utk.edu</u> or <u>box office@utk.edu</u>

SOCIAL MEDIA: Facebook www.facebook.com/pages/Clarence -Brown-Thea

Twitter @ClarenceBrown



Texas





VSA Texas: Distinguished Artist Veterans

3710 Cedar St. #7 Austin, TX 78705 512-454-9912 http://www.vsatx.org

Programs available: VSA Texas is the state organization on arts and disability. We are a nonprofit arts organization based in Austin, TX and our mission is to challenge perceptions of how people contribute by creating an arts-inspired, inclusive community of individuals with diverse abilities. One of the ways we reach this mission is through our Artworks: Creative Industries program. This is our career development program for artists with disabilities. We work with artists in all stages of their careers (or hobbies) to help with the business side of the arts. VSA Texas started services specifically for veterans with disabilities/wounded warriors in 2009. We host an annual exhibition of veterans artwork called

Distinguished Artist Veterans and provide opportunities year-round for artists to get involved with our Artworks: Creative Industries professional development program. Another aspect of our services for military service members is our classes held on military bases for children, siblings, and parents through partnership with the Exceptional Family Members Program. These classes include visual art, dance/movement, and theater. Finally, our Veteran program also includes working closely with veteran service organizations to provide in-person and webinar trainings to arts organizations who would be interested in providing art programs for veterans and military families in their areas. We have also compiled a downloadable resource list and map of nationwide veteran arts programs. This is available on our website and is updated periodically.

Military focus: Veterans with Disabilities; Wounded Warriors

Arts & Humanities focus: Dance/movement, Drama/theatre, Film/Media Arts, Multidisciplinary, Music, Visual Arts (drawing, painting, sculpture)

Organization: Non-profit arts; state

CONTACTS: April Sullivan – Artworks Director <u>april@vsatx.org</u>

SOCIAL MEDIA: Facebook http://www.facebook.com/VSATexas

Twitter @VSATexas Instagram @vsatexas



SongwritingWith:Soldiers



Songwriting With: Soldiers (TX, NY, CA, MD, and VA)

510 S Congress Ave
Suite 108
Austin, Texas 78704
(512) 656-8204
http://www.songwritingwithsoldiers.org/

Programs available: Songwriting With: Soldiers (SW:S) uses collaborative songwriting to transform lives through creativity, connections, and strengths. Our program pairs veterans with experienced professional songwriters, in workshop and retreat settings, to craft songs about combat and the return home. Through the collaborative process, participants build trust, forge bonds, and transform pain into art. Each event concludes with a performance of all the songs written. As the participants listen to each other's songs, an important truth reverberates: I'm not alone; other people understand how I feel. Service members are enrolled in ASCAP (American Society of Composers, Authors, and Publishers) as cowriters of their songs; they have ownership. After returning home, they receive CDs of their songs and lyric books with photographs, a lasting source of pride and a means of reconnecting with family and friends, co-workers and communities. "I can bring this song home and play it for my kids, and they can understand what I've been through," said one participant. Songwriting With: Soldiers also organizes collaborative songwriting events for military families. Parents and their children come together, share stories, and write songs. SW: S songs are available through our website, concerts, and social media, raising awareness and building bridges between military and civilian communities. Songwriting With: Soldiers covers costs for all participants and family members.

Military focus: Recent combat since 2001 (OEF, OIF, OND), Gulf War, Vietnam War; all military branches

Arts & Humanities focus: Music; multidisciplinary

Organization: Non-profit health, social service, veterans, national

CONTACTS: Darden Smith – Founder & Creative Director info@songwritingwithsoldiers.org

Mary Judd – Executive Director mary.judd@songwritingwithsoldiers.org

SOCIAL MEDIA: Facebook SongwritingWith:Soldiers

Twitter #songwritingwithsoldiers Video http://vimeo.com/97853485



Utah



Art Access

230 S 500 W Suite 125 Salt Lake City, UT 84101 (801) 328-0703

http://www.accessart.org/programs/veterans-workshops

Programs available: Our Mission: Art Access provides equal opportunities to inclusive arts programming for Utahns with disabilities and those with limited access to the arts. Our Vision: Our vision is to create community understanding that the arts are a universal vehicle to celebrate our differences and ultimately connect people. Our History: Founded in 1984, Art Access is a community-focused organization that strives to share our philosophy of inclusion. We offer twelve mission-driven programs, including gallery exhibitions, workshops, artist residencies, literary arts activities, professional development, and community outreach. Many of these programs have benefitted from partnerships with local educational, artistic, and public service organizations.

We are an affiliate of VSA, which is a program of the John F. Kennedy Center for the Performing Arts through its Office of VSA & Accessibility, and we recently have been assigned ZAP Tier 1 status and awarded an NEA Art Works grant. We are the only arts organization in Utah that focuses on serving individuals with disabilities. We are currently celebrating 30 years of making a creative difference in our community!

Veterans Workshops: Art Access partners with the George E. Wahlen Department of Veterans Affairs Medical Center to provide a series of art workshops for veterans. Workshops are open to veterans of the U.S. Military. Space is limited to twelve participants per each 4-week workshop session. Four sessions are offered annually. We also recently developed a partnership with the University of Utah's Veterans Support Center to offer creative writing workshops to student veterans, as well as veterans from the broader community. Workshops in 2015 will focus on writing short memoir. We will also host a book group featuring texts by female veterans, as well as an inaugural annual Veterans Art exhibition and literary salon that will publicly feature participant artwork and creative writing.

Military focus: Veterans and family members

Arts & Humanities focus: Creative writing; multidisciplinary

Organization: Non-profit arts; regional

CONTACTS: Amanda Finlayson – Programs Director amanda@accessart.org

SOCIAL MEDIA: Facebook www.facebook.com/pages/Art-Access/21382787

Twitter @artaccess

Instagram @artaccessgallery Pinterest www.pinterest.com/accessart1984



Virginia



The Center for American Military Music Opportunities

8651 John J Kingman Road #104 Fort Belvoir, VA 22060 888.562.6220 www.cammomusic.org

Programs available: The Center for American Military Music Opportunities (CAMMO), is an innovative 501(c)3 nonprofit organization committed to joining American Service members, Veterans and family members together to share their love of music, performance, production, writing and entertainment technology, as well as benefiting from the healing power of music and sound. CAMMO was founded in 2009 by U.S. Navy veteran Cathie Lechareas and U.S. Army veteran Victor Hurtado.

Our Mission:

- 1. Create music based therapeutic programming and outlet for Service Members, Veterans and Family Members.
- 2. To Train and educate Service Members, Veterans in music industry career opportunities including artist development.

Military focus: All branches, service members, veterans, and family members

Arts & Humanities focus: Music

Organization: Non-profit

CONTACTS: Cathie Lechareas – Executive Director/Co-founder cathie@cammomusic.org

MEDIA CONTACT: Christine Colburne Christine @commomusic.org

SOCIAL MEDIA: Facebook www.facebook.com/pages/Cammo-Center-for-Am

Twitter @cammo music





Arts on the Horizon

1100 Wythe Street #26093 Alexandria, VA 22313 (703) 967-0437 www.ArtsontheHorizon.org

Programs available: Arts on the Horizon was founded as a non-profit theatre company with a unique and specific focus of providing performances and education programs for young people ages 0 to 6 years old. We were the first theatre company in the country to focus our work solely on this age range. **Arts on the Horizon** strives to present high-quality theater for young audiences and their families at an affordable rate. We believe that the arts play an important role in the life of a child. Our interactive, nonverbal shows are performed by professional, adult actors. We offer ticket discounts for active duty military personnel and their families to all of our performances located in the Northern Virginia area.

Military focus: Discount tickets for active duty military personnel and their families; children of military ages 0-6

Arts & Humanities focus: Theater, performance

Organization: Non-Profit (arts)

CONTACTS: Michelle Kozlak – Producing Artistic Director mkozlak@ArtsOnTheHorizon.org

SOCIAL MEDIA: Facebook www.facebook.com/ArtsOnTheHorizon

Twitter twitter.com/Arts_on_Horizon





MTBC Music for Wellness, LLC

PO Box 9372 Norfolk, VA 23505 (757) 563-3488 http://music4wellness.net/

Programs available: Music for Wellness, LLC provides products and programs to enhance the quality of life in supporting the health and well-being of veterans, community heroes and retirees through the active use of MUSIC. We provide recreational music making experiences through drumming, keyboard and other musical experiences to enhance the quality of life, health and well-being of aging seniors and veterans. We utilize an evidenced based program with research demonstrating that one hour of group empowerment drumming boosted immune system, increased mood, decreased stress and anxiety, and bonding. Additionally, we provide private or group "strumming up health" lessons on guitar or ukulele (you are never too old to learn how to play an instrument)!

Currently we provide music therapy services and recreational music making services to all veterans, military service members and their families in the southeast Virginia area (Norfolk, Virginia Beach, Newport News, Hampton, Williamsburg, Portsmouth). We partner with military health organizations at the 16 military bases. We facilitate Drum Circles for Wellness Centers, Independent Care Facilities, Over age 55 communities, Nursing Homes, Adult Day Care Facilities, Health Care Facilities, Hospital and Clinical Settings, Support Group Meetings (i.e. Cancer, Alzheimer's, Dementia, Diabetes), Corporate Wellness Programs, Nonprofit Organizations, Spiritual Gatherings, Retreats, Community Building, Religious Celebrations, and more.

Military focus: Veterans, military service members, and their families Regionally - southeast Virginia area (Norfolk, Virginia Beach, Newport News, Hampton, Williamsburg, Portsmouth)

Arts & Humanities focus: Music

Organization: Independent contractor – Arts and Humanities

CONTACTS: Becky Watson, MBA, MT-BC - Founder and Owner Becky@music4wellness.net

SOCIAL MEDIA: Facebook www.facebook.com/MusicForWellness

Twitter @Music4Well

Video http://www.youtube.com/watch?v=mpWoDhEYULA



Virginia



Arlington Arts Center

3550 Wilson Blvd Arlington, VA 22201 (703) 248-6800 www.arlingtonartscenter.org

Programs available: Arlington Arts Center (AAC) is a nonprofit contemporary visual arts center dedicated to presenting and supporting new work by regional artists in the mid-Atlantic States. Through exhibitions, educational programs, and subsidized studio spaces, AAC serves as a bridge between artists and the public. The goal is to increase awareness, appreciation of, and involvement in, the visual arts in Arlington County VA and the region. AAC was established in 1974 and has been housed since 1976 in the historic Maury School. Our facility includes nine exhibition galleries, working studios for thirteen artists, and three classrooms. At 17,000 square feet, we are one of the largest non-federal venues for contemporary art in the Washington metropolitan area.

Military focus: Military service members, active duty, veterans, military families, and caregivers

Arts & Humanities focus: Film/Media Arts, Multidisciplinary, Visual Arts, (drawing, painting, sculpture)

Organization: Non-profit organization; arts; local, regional, state

CONTACTS: Stefanie Fedor – Executive Director <u>director@arlingtonartscenter.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/arlingtonartscenter

Twitter @findyourartist



Virginia



Tidewater Arts Outreach

809 Brandon Avenue Norfolk, VA 23517 (757) 754-4486 www.tidewaterartsoutreach.org

Programs available: Utilizing the talents of artists within the local community, we present visual arts workshops, drum circles, jam sessions and music performances for adults for children in hospital and adults in the Hampton VA Domiciliary.

Military focus: Military service members, veterans, and military families

Arts & Humanities focus: Arts and Health

Organization: Non-profit arts; local

CONTACTS: MaryAnn Toboz - Executive Director <u>maryann@tidewaterartsoutreach.org</u>

SOCIAL MEDIA: Facebook www.facebook.com/TidewaterArts

Twitter @tidewaterartsoutreach **Instagram** @tidewaterartsoutreach



SongwritingWith:Soldiers



Songwriting With: Soldiers (TX, NY, CA, MD, and VA)

510 S Congress Ave
Suite 108
Austin, Texas 78704
(512) 656-8204
http://www.songwritingwithsoldiers.org/

Programs available: Songwriting With: Soldiers (SW:S) uses collaborative songwriting to transform lives through creativity, connections, and strengths. Our program pairs veterans with experienced professional songwriters, in workshop and retreat settings, to craft songs about combat and the return home. Through the collaborative process, participants build trust, forge bonds, and transform pain into art. Each event concludes with a performance of all the songs written. As the participants listen to each other's songs, an important truth reverberates: I'm not alone; other people understand how I feel. Service members are enrolled in ASCAP (American Society of Composers, Authors, and Publishers) as cowriters of their songs; they have ownership. After returning home, they receive CDs of their songs and lyric books with photographs, a lasting source of pride and a means of reconnecting with family and friends, co-workers and communities. "I can bring this song home and play it for my kids, and they can understand what I've been through," said one participant. Songwriting With: Soldiers also organizes collaborative songwriting events for military families. Parents and their children come together, share stories, and write songs. SW: S songs are available through our website, concerts, and social media, raising awareness and building bridges between military and civilian communities. Songwriting With: Soldiers covers costs for all participants and family members.

Military focus: Recent combat since 2001 (OEF, OIF, OND), Gulf War, Vietnam War; all military branches

Arts & Humanities focus: Music; multidisciplinary

Organization: Non-profit health, social service, veterans, national

CONTACTS: Darden Smith – Founder & Creative Director info@songwritingwithsoldiers.org

Mary Judd – Executive Director mary.judd@songwritingwithsoldiers.org

SOCIAL MEDIA: Facebook SongwritingWith:Soldiers

Twitter #songwritingwithsoldiers Video http://vimeo.com/97853485



Virginia





Kristin LaFlamme: Artist

Exhibits: Military Wife, Healing Arts Walter Reed, Homefront/Downrange

1680 Poes Lane Charlottesville, VA 22911 (808) 349-3425 http://kristinlaflamme.com

Programs available: Kristin La Flamme is an Army wife and artist currently residing in Charlottesville, Virginia. She has a BFA in Graphic Design from Otis Art Institute in Los Angeles, CA. Kristin sees herself as an artist who sews. She enjoys traditional quilt piecing by machine and varied hand embroidery embellishments, but is not opposed to using any technique or material if it is appropriate to the message to be conveyed in the artwork. Kristin's experiences as a military spouse almost always influence her subject matter. Her solo exhibit, "The Army Wife" was shown at McGuffey Art Center in Charlottesville, VA in 2013, and will combine with photography by Hunter Rudd in "Homefront & Downrange" and military appreciation activities at Arts Council of Moore County in North Carolina in the summer of 2015. Selected pieces from Kristin's show have also been included in many group shows nationally. Kristin has had her art quilts and other textiles shown internationally, and is a co-author of "Twelve by Twelve: The International Art Quilt Challenge."

Military focus: The Active Duty Military Family's experience

Arts & Humanities focus: Narrative textile art for exhibits

Organization: Individual artist

CONTACTS: Kristin LaFlamme – artist and speaker <u>kristinlaflamme@gmail.com</u>

SOCIAL MEDIA: Instagram @kristinlaflamme





Blue Star Families*

PO Box 322 Falls Church, VA 22040 (202) 630-2583 http://bluestarfam.org/

Programs available: Founded in 2009 by a group of military spouses, Blue Star Families strengthens military families and our nation by connecting communities and fostering leadership. As the largest Chapter-based nonprofit organization serving active duty service members, Guard and Reserve, wounded and transitioning veterans and their families, Blue Star Families delivers proven, popular programs and resources to meet the unique challenges of military service in partnership with the larger civilian population.

The Blue Star Arts program encompasses Blue Star Museums and Theatres. Blue Star Museums offers free admission to museums for all active duty, National Guard and Reserve military personnel and their families from Memorial Day through Labor Day.

Blue Star Theatres recognizes the profound contributions of service families and as a result, seeks to build stronger connections between theatres, military families and their communities. Each Blue Star Theatres participant is offering discounted or complimentary admission to all military personnel and their families, as well as veterans.

Blue Star Arts partners with the Department of Defense, the National Endowment for the Arts, and Theatre Communications Group, with leadership support provided by the MetLife Foundation through Blue Star Families.

Military focus: Active duty service members, National Guard and Reserve, wounded and transitioning veterans, and their families

Arts & Humanities focus: Arts and Health

Organization: Non-profit health, social services; international

CONTACTS: Sheila Stevens – Deputy Director of Programs <u>arts@bluestarfam.org</u>

SOCIAL MEDIA: Facebook https://www.facebook.com/BlueStarFamilies

Twitter @BlueStarFamily
Instagram @bluestarfamilies

http://bluestarfam.org/strengthen/blue-star-arts





American Art Therapy Association*

4875 Eisenhower Avenue Suite 240 Alexandria, VA 22304 703) 548-5860 www.arttherapy.org

Programs available: The American Art Therapy Association, Inc. (Association) is an organization of professionals dedicated to the belief that making art is healing and life enhancing. Its mission is to serve its members and the general public by providing standards of professional competence, and developing and promoting knowledge in, and of, the field of art therapy.

Military focus: Military service members, active duty, veterans, families and caregivers

Arts & Humanities focus: Crafts – clay, ceramics, fiber arts (quilting, weaving, needlework), woodworking, Film/Media arts, Multidisciplinary, Visual Arts (painting, drawing, sculpture)

Organization: Non-profit arts; local, state, national

CONTACTS: Cynthia Woodruff – Executive Director info@arttherapy.org

SOCIAL MEDIA: Facebook <u>www.facebook.com/The</u>AmericanArt Therapy Association

Twitter @ArtTherapyOrg

